

# Common Ground Health and Risk Form

This form will only be used for preventative care, guide and volunteer awareness and emergencies

**This form is strictly confidential**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_ Zip Code \_\_\_\_\_ Phone: Day: (\_\_\_\_) \_\_\_\_\_ Eve: (\_\_\_\_) \_\_\_\_\_

E-mail Address (please print clearly): \_\_\_\_\_

### Ethnic Origin

- Caucasian
- African American
- Native American
- Hispanic
- Asian
- Other

### Physical Description:

- Gender: \_\_\_\_\_
- Weight: \_\_\_\_\_
- Height: \_\_\_\_\_

### Adaptive Equipment Used:

- Wheelchair
- Prosthetic limb
- Seeing eye dog
- Walker/Cane
- Hearing Aid
- \_\_\_\_\_

### CONFIDENTIAL HEALTH INFORMATION- please answer thoroughly:

Check all boxes that describe your medical condition/disability:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Allergy to bee stings  | <input type="checkbox"/> Communicable diseases    | <input type="checkbox"/> Lung Disease              |
| <input type="checkbox"/> Amputation             | <input type="checkbox"/> Developmental Disability | <input type="checkbox"/> Mental Illness            |
| <input type="checkbox"/> Autism                 | <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Multiple Sclerosis        |
| <input type="checkbox"/> Balance Problems       | <input type="checkbox"/> Down Syndrome            | <input type="checkbox"/> Muscular Dystrophy        |
| <input type="checkbox"/> Bipolar                | <input type="checkbox"/> Dysreflexia              | <input type="checkbox"/> Seizure Disorder/Epilepsy |
| <input type="checkbox"/> Bowel/Bladder problems | <input type="checkbox"/> Hearing Impairment/deaf  | <input type="checkbox"/> Spina Bifida              |
| <input type="checkbox"/> Cancer                 | <input type="checkbox"/> Heart Disease/Defect     | <input type="checkbox"/> Stroke                    |
| <input type="checkbox"/> Cerebral Palsy         | <input type="checkbox"/> Hemophilia               | <input type="checkbox"/> TBI/Head injury           |
| <input type="checkbox"/> Spinal Cord Injury     | <input type="checkbox"/> HIV/AIDS                 |  |
| <input type="checkbox"/> Chemical dependency    | <input type="checkbox"/> Low vision/blind         |  |

Please explain in detail any other medical conditions: \_\_\_\_\_

Describe medications you are currently taking (attach separate sheet if necessary): \_\_\_\_\_

Describe any food allergies or dietary restrictions? \_\_\_\_\_

### EMERGENCY INFORMATION:

Health insurance company: \_\_\_\_\_ Policy# \_\_\_\_\_

Physician: \_\_\_\_\_ Phone# \_\_\_\_\_

Relative or close friend: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: Day (\_\_\_\_) \_\_\_\_\_ Evening:(\_\_\_\_) \_\_\_\_\_

**DS/USA & COMMON GROUND OUTDOOR ADVENTURES INSURANCE WAIVER & RELEASE OF LIABILITY FORM and MEDIA RELEASE FORM**

**Please note: there are two places on this sheet that require a signature**

**DS/USA INSURANCE WAIVER & RELEASE OF LIABILITY FORM**

In consideration of being allowed to participate in any way in DISABLED SPORTS USA's & COMMON GROUND OUTDOOR ADVENTURES programs, related events, and activities, I and/or the minor participant, for myself, and on behalf of my heirs, assigns, personal representatives and next of kin, the undersigned:

1. Agree that prior to participating, I will inspect, or if a parent and/or legal guardian I will instruct the minor participant to inspect, the facilities and equipment to be used, and if I believe, to the best of my ability, that anything is unsafe, I and/or the minor participant will immediately advise DISABLED SPORTS USA of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that I and/or the minor participant, will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result only from my own actions, inactions or negligence of others, the rules of play, or the condition of the premises or any equipment used. Further, that there may be other risks not known to me or not reasonably foreseeable at this time.
3. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue DISABLED SPORTS USA, COMMON GROUND OUTDOOR ADVENTURES, its affiliated clubs, their representative administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, their heirs, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

**I/WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT I/WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, HAVE NOT CHANGED IT ORALLY, AND SIGN IT VOLUNTARILY.**

X \_\_\_\_\_

**Participant's Name (PLEASE PRINT CLEARLY)      Signature      Date**

**FOR PARTICIPANTS UNDER THE AGE OF 18**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE.

X \_\_\_\_\_

**Parent's Signature & Emergency Phone      Name & Date (PLEASE PRINT CLEARLY)**

***MEDIA RELEASE FORM***

Name \_\_\_\_\_ Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
**(PLEASE PRINT CLEARLY)**

**MEDIA/PHOTO WAIVER:** I hereby authorize and give my full consent to Common Ground to copyright and/or publish any and all photographs, videotapes and/or film in which I appear while attending an event. I further agree that Common Ground may transfer, use or cause to be used, these photographs, videotapes, or films for any exhibitions, public displays, publications, commercials, art and advertising purposes, and television programs without limitations or reservations.

X \_\_\_\_\_

**Signature of Participant/Guardian      Date**